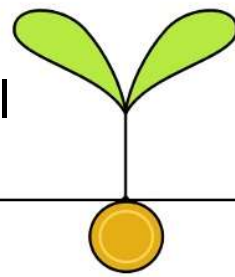


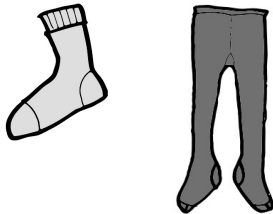
Hand luggage sample packing list for long term travel



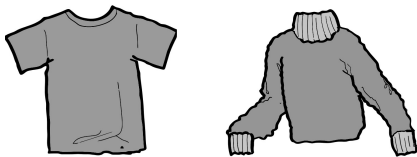
Everyday needs



- 5-7 sets of **underwear**



- 5 pairs of **socks** (all black for easy washing & pairing)
- 2 pairs of **stockings** (1 grey and 1 black)



- 3 **T-shirts** (2 of which can be worn as pyjamas)
- 3 **dresses**
- 2 **jackets** (1 to wear on plane, one light, puffy jacket in a bag for using as a pillow) →



- 1 pair of **jeans** (wear these when flying for lighter baggage) →



- 1 pair of good walking **shoes** (wear when flying) →
- 1 pair of **flip flops**

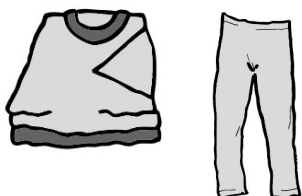
Cold climate/winter wardrobe



- 1 **beanie** and 1 pair of **gloves** →

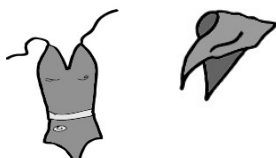


- 1 **scarf** (a circle scarf that doubles as a dress, skirt, and blanket for the plane is handy) →



- 2 pairs of **thermal underwear** (wear these as pyjamas in cold climates, and layer with usual wardrobe)

Hot climate/summer wardrobe



- 1-2 **swimsuits** (bikinis can be worn as underwear to supplement the above, and swimsuits as thermal undergarments for cold climates)
- 1 **wrap** that can also be used as a scarf (optional)